**English title**

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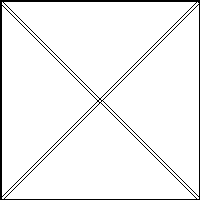
**First name Last name1, First name Last name2, First name Last name3\***

1 Affiliation 1; <e-mail@e-mail.com>

2 Affiliation 2; [e-mail@e-mail.com](mailto:e-mail@e-mail.com)

3 Affiliation 2; [e-mail@e-mail.com](mailto:e-mail@e-mail.com)

\* Corresponding author: <e-mail@e-mail.com>; Tel: (optional, with area code; if there are more corresponding authors, please add their initials) +xx-xxxx-xxx-xxxx (Author's initials)



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Łódź 202X [current year of publication]

**Abstract**: A single paragraph, maximum of 500 words with spaces for a single author/co-author monograph and maximum of 250 words for a chapter in a multiple-author monograph. Authors are encouraged to use the IMRaD structure in their papers, particularly research papers: introduction, description of methods and materials, results, and conclusion. The abstract should not contain detailed research results, only a presentation of the objectives of the work, research hypothesis, and research aim.

**Keywords**: keyword 1; keyword 2; keyword 3 (a list of up to 10 keywords for a single author/co-author monograph and up to 5 keywords for a chapter in a multiple-author monograph).

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1. **How to use this template?**

We write the first line of each chapter without paragraph indentation.

The template serves as an aid for authors - it lists subsequent sections that can be used when creating a text. The sections that are not obligatory have been marked accordingly. Technical details have already been set out in the template. They are adapted to particular data, i.e. body of the text, captions of supplementary materials, footnotes, spacing, etc. The technical guidelines should not be changed (especially the type of font, size**,** and style). Monographs presenting the results of the author’s/authors’ own work should be consistent with the IMRaD structure; other monographs may have a more flexible structure proposed by the authors. Yet, their sections and all subsections should be properly numbered.

To begin writing, remove this paragraph entirely and start writing with Section 1 (Introduction). Any questions regarding editing of the document and the template should be addressed to: [editorial@reports.umed.pl](mailto:editorial@reports.umed.pl).

1. **Introduction**

The introduction should outline the theoretical background, i.e. briefly place the paper in a broader context,and emphasize its significance, purpose**,** and scientifically innovative character. The current state of knowledge in the field should be carefully analy**z**ed and the most important publications in the field should be cited. Finally, the main themes of the paper and the main hypotheses should be briefly outlined. If possible, the introduction should be comprehensible to general readers, too. References should be cited according to the Harvard Referencing System (author-year).

1. **Materials and methods** (this section is obligatory only for monographs presenting e.g. results of own work)

This section should include a detailed description of the applied methods, procedures, reagents, control group**,** etc. The materials and research methods used should be described in sufficient detail to allow others to reproduce them.

With regard to research papers that contain large datasets stored in external databases (e.g. on specific platforms, virtual drives**,** etc.), the exact location of these datasets and the method of access (website, password, etc.) should be specified. If, at the time of submission the relevant data have not yet been obtained, information that they will be provided during the review procedure should be enclosed. Necessary information has to be provided before the publication of the paper.

Interventional studies involving humans or animals and other studies requiring ethical approval must include the approval number(s) of relevant reviewing bodies (local bioethics committees, animal research committees**,** etc.).

1. **Results** (this section is obligatory only for monographs presenting e.g. results of own work)

This section may be further subdivided. It should contain a concise and detailed description of the experimental results, their objective interpretation, as well as conclusions drawn by the Author. The results should be divided according to the data sets (e.g. surveys and interviews separately).

*3.1. Sub-section*

*3.1.1. Sub-section*

Bulleted list – model:

* First bullet point
* Second bullet point
* Third bullet point

Numbered list – model:

1. First item
2. Second item
3. Third item

Continuation of the text **–** here.

*3.2 Graphs, drawings, tables, diagrams*

All materials should be signed and numbered according to the model

|  |  |
| --- | --- |
| C:\Users\martin\Downloads\testFigure.tif  (**a**) | C:\Users\martin\Downloads\testFigure.tif  (**b**) |

**Figure 1.** Title of the figure (all diagrams, drawings, and photographs are formatted in the same manner). If one figure consists of several elements, these should be listed as (a) Description of what the first element contains, (b) Description of what the second element contains. Figures, drawings, etc. should be placed in the main text, as close as possible to the position of the first citation entry.

A single-line caption should be centered.

**Table 1**. Table title. Tables should be placed in the main text, as close as possible to the position of the first citation entry.

|  |  |  |
| --- | --- | --- |
| **Heading 1** | **Heading 2** | **Heading 3** |
| line 1 | data | data |
| line 2 | data | data a |

a Tables may contain footnotes and they are placed below the table.

*3.3 Notation of chemical formulas*

Chemical formulas should be drawn using a professional program. For ChemDraw users, document settings from the "ACS Document 1996" template are recommended. Authors who do not use ChemDraw should apply the settings parameters shown in Table 2 (below). When a paper contains a lot of structures, they should all be calibrated to the same size.

All chemical symbols and signs should bear consistent notation and meaning throughout the whole publication.

Chemical equations are usually written using molecular formulas. If a formula or equation of a chemical reaction is placed in a line in the text and is a component of the sentence, the same rules of punctuation apply to it as to verbal elements. Punctuation marks may be omitted for notations which are placed in a separate line. Structural formulas, included in text and tables, are allowed to be divided and transferred to the next line, provided they are written horizontally. Such division must be made on the bond which is graphically represented by a dash. The dash is put at the end of the line and repeated at the beginning of the next line.

**Table 2**. Parameters for chemical formulas.

|  |  |
| --- | --- |
| **Item** | **Parameter** |
| **Drawing settings** | |
| chain angle | 120 degrees |
| bond spacing | 18% of the length |
| fixed length | 14.4 points (0.2 inches.) |
| bold width | 2.0 points (0.0278 inches.) |
| line width | 0.6 points (0.0083 inches.) |
| margin width | 1.6 points (0.0222 inches.) |
| hash spacing | 2.5 points (0.0345 inches.) |
| **Text setting** | |
| page setting | US/Letter/Paper |
| scale | 100% |
| font | Arial (PC) |
| size | 10 points |
| **Preferences** | |
| unit | points |
| tolerance | 3 pixels |

1. **Discussion** (this section is obligatory only for monographs presenting e.g. results of own work)

The authors should discuss the results and how to interpret them **from** the perspective of previous research and preliminary hypotheses. The results and their implications should be discussed in the broadest possible context. Future research directions may also be indicated.

1. **Conclusions** (this section is optional for all manuscripts)

**Supplementary material:** The following material is available online: www.umed.lodz.pl/xxx/s1, File S1: File title. File S2: File title.

**Funding**: This work was funded by the NAME of the funder, grant number XXX.

**Acknowledgements**: In this section, the author(s) can inform on and thank for any support not mentioned in the Funding section. This may include administrative and technical support or in-kind donations (e.g. materials used for experiments).

**Bibliography**

The bibliography should be based on the Harvard Referencing System (author-year). We recommend preparing references using bibliography management software (e.g. EndNote, Mendeley, Zotero) to avoid typing errors and duplication of references. The DOI number for all items, whenever it is available, should be included.

Author 1 AB, Author 2 AB. Year of publication. Title of publication. *Name of the journal* (in *italics*) Volume (Issue), Page range. DOI number.

Author 1 AB, Author 2 AB. Year of publication. Title of publication. *Name of the journal* *(*in *italics)* Volume (Issue), Article number. DOI number.

Author 1 AB, Author 2 AB. Year of publication. Title of unpublished publication (but accepted and waiting to be printed). *Name of the journal* *(*in *italics*) (under the publication process). DOI number.

Author 1 AB, Author 2 AB. Year of publication. *Title of book/monograph* (in *italics*), *Issue number (*in *italics)*. Name of the publishing house, Main office of the publishing house. Page range (pp.).

Author 1 AB, Author 2 AB. Year of publication. Chapter title. In: Editor 1 AB, Editor 2 AB (ed.), *Title of book/monograph* (in *italics*), *Issue number* (in *italics*). Name of the publishing house, Main office of the publishing house. Page range (pp.).

Web page. Available online: URL (access: day, month, year).

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